

PARENTING TALK FOR SCGS PARENTS ONLY

Talk 2: “Parenting Net-Savvy Teens”

Synopsis:

The Internet is here to stay and very much part and parcel of our teenagers’ lives. How much should parents control the use of the computer by their teens? This workshop navigates parents through the main issues of the Internet and Computer use by our teens, covering topics like gaming and addictions, social network systems as well as other aspects of computer use that teens and their parents grapple with.

**16 Apr 2010 (Friday)
6.30pm – 9.30pm
Lecture Theatre
Singapore Chinese Girls’ School**

Speaker:

DR. FOO

FAMILY LIFE EDUCATOR AND TRAINER
PEAKS AND DISC PERSONLITY PROFILING SYSTEM TRAINER

Speaker Profile:

Dr. Foo is a qualified medical doctor (MBBS, DFD) who left medical practice to follow her passion to serve disadvantaged children, youth and families in the community. She is a qualified Family Life Educator and Trainer and a certified trainer of the PEAKS and DISC Personality Profiling System. Dr. Foo has worked with children and youth in Singapore’s Primary and Secondary Schools as well as Junior Colleges and Polytechnics, giving talks and running Life skills, Leadership and Public Speaking workshops to students. She has also given many talks on Parenting Skills and Issues as well as conducted Teacher Training Workshops. She currently serves as Executive Director at Filos Community Services.

Registration Fees: \$20/pax, \$30/couple, \$10/Active Parent Volunteer of 2009 (& \$10/Active Parent Volunteer’s Spouse)

Registration begins at 6:00 pm. Light refreshments & cost materials will be provided.

PARENTING TALK FOR SCGS PARENTS ONLY

Talk 3: “Challenges In Bringing Up Girls”

Outline:

Attack on Family Values

Disciplinary Practices

Feminity Today

Chastity vs Sexual Promiscuity

BGR (Boy-Girl Relationship)

Same Sex Attraction

WHAT CAN PARENTS DO TO RESPOND TO CHALLENGES?

26 May 2010 (Wednesday)

6.30pm – 9.30pm

Lecture Theatre

Singapore Chinese Girls' School

Speaker:

ADRIAN LIM PENG ANN

COUNSELLING PSYCHOLOGIST

FAMILY & WORK LIFE EDUCATOR & PARENTING COACH

BA (Psych & Social Work), MA (App Psych-Counselling)

Registered Social Worker (SASW)

Registered Psychologist (SPS)

Registered Counsellor (SAC)

Speaker Profile:

Adrian is first a husband and a father of 2 boys who holds 3 professional titles as Registered Psychologist (SPS), Reg Social Worker (SASW), Reg Counsellor & Clinical Supervisor (SAC). Since 1993, Adrian has counselled over 1000 families and trained over 200 Pre-schools, Primary, Secondary Schools & Junior Colleges, including ITE colleges, 4 polytechnics & 6 universities conducting Talks, Seminars, Workshops, Groupwork & various Skills Training programmes for over 28,000 Students, 34,000 Parents & 3,400 Teachers. Adrian was on Radio 938LIVE's 'Parenting Today' (11) & "The Living Room" (4). Corporately, he has trained in over 20 government & private institutions in Family & Work Life Integration & Wellness related topics. . He was a **Medical Social Worker** at National University Hospital, later a **School Social Worker** with Students Care Service, before joining **St Joseph's Institution** as their **School Counsellor** for **10 years** from 1997 till 2006. He is currently in Private Practice and is completing his PhD at NUS.

adrianlimpa@yahoo.com

Note: A Range of Books on Family Relationships, Parenting Children & Teens will be made available for purchase at the Talk

Registration Fees: \$20/pax, \$30/couple, \$10/Active Parent Volunteer of 2009 (& \$10/Active Parent Volunteer's Spouse)

Registration begins at 6:00 pm. Light refreshments & cost materials will be provided.

Reply Slip

Attention: Ms Julie Wee (Secondary Div.) / Ms Susan Yeow (Primary Div.)

Dr/Mr/Mrs/Mdm _____

Name of child: _____ (Class: Pri / Sec _____)

Contact Nos: _____ (HP) _____ (H) _____ (O)

Email: _____

***Please fill in the following boxes accordingly:**

Organised Talks	Date	Time	No. Attending	Amount	Bank & Cheque No.
"Parenting Net-Savvy Teens"	16/4/10	6.30-9.30 pm			
"Challenges in Bringing up Girls"	26/5/10	6.30-9.30 pm			

The cost for each talk is \$20/pax, \$30/couple, \$10/active parent volunteer for 2009 (and \$10/active parent volunteer's spouse).

*** Please cross cheque and make payable to "Singapore Chinese Girls' School" and return it to the General Office through your daughter by 12th Apr 2010 ("Parenting Net-Savvy Teens") or 20th May 2010 ("Challenges in Bringing up Girls"). Please indicate the following at the back of the cheque: name and class of child and the talk(s) registered for.**